

# Poison Control Month

The Illinois Poison Center is celebrating March as Poison Control Month. ***Save this phone number to your cell phone 1-800-222-1222 One day it might save you back.***

Check out their website for information and education. [www.IllinoisPoisonCenter.org](http://www.IllinoisPoisonCenter.org)

First Aid and Treatment for a Poison Emergency

*If you think a person has been exposed to poison:*

- **Do not make the person vomit.**
- **Never try to help by giving milk or other home remedies.**

*If the person is not conscious or not breathing:*

- **Call 911 right away the 911 operator will give you instructions for first aid.**

*If the person is conscious and breathing:*

- **Call 1-800-222-1222 right away.(Illinois Poison Control Center)**
- **Do not wait for the person to feel, look, or get sick.**
- **Be ready to answer questions about the person's age, sex, weight and health.**
- **Have the poison or its container with you when you call the poison control center.**
- **If you are told to go to the emergency room, go to the closest emergency room. Take the poison or container with you to show the Physician.**

*Poison in the Mouth*

- **Do not make the person vomit, unless the poison center or physician tells you to. The poison center will give you more directions.**

*Poison on the Skin*

- **Take off and wash clothes that have poison on them. Wash the skin gently with soap and water.**

*Poison in the Eye*

- **Remove contact lenses if worn. Rinse the eyes with water for 15 minutes.**

*Poison in the Air*

- **Leave the area and move to a place where you can breathe fresh air. Help others leave the area, but be careful not to breathe the poison yourself.**

**These are just a few basic tips see the web site for additional information.**